

## THERAPEUTIC USE EXEMPTIONS: 2020/2021

### What is a Therapeutic Use Exemption Certificate?

The Therapeutic Use Exemption (TUE) process grants approval for a competitor to use a prohibited substance or method that has been prescribed to treat legitimate medical condition.

Motorsport UK has adopted the UK Anti-Doping Rules (as amended from time to time), subject to certain provisions as detailed in the relevant section of the Motorsport UK Yearbook 2020 (H.38.1 page 140), and which also comply with the FIA Anti-Doping Regulations.

### Where can I check if medications or substances are prohibited?

Please check the status of any over-the-counter or prescribed medications, using the Global Drug Reference Online (Global DRO) website: <http://www.globaldro.com/Home>.

### Do I need a TUE PRIOR to competition?

The following competitors will need to apply for a TUE **PRIOR** to use of any prohibited medications or methods:

- International-Level Athlete/Driver: A Driver who participates in any Competition registered on the FIA International Sporting Calendar

[file:///C:/Users/jennifer.carty/Downloads/exportcalendar\\_66.pdf](file:///C:/Users/jennifer.carty/Downloads/exportcalendar_66.pdf)

TUE applications for International-Level Athletes must be submitted directly to the FIA via [tue@fia.com](mailto:tue@fia.com).

- The following Motorsport UK Championships have been selected as one of several competitions which have been added to the Motorsport UK 'Domestic Pool' with regards to TUE procedures:
  - Kwik Fit British Touring Car Championship
  - British GT Championship
  - BRDC British F3 Championship
  - F4 British Championship
  - Motorsport UK British Rallycross Championship – 5 Nations Trophy
  - British Rally Championship
  - Fuchs Lubricants Motorsport UK British Historic Rally Championship
  - Motorsport UK British Drag Racing Championship

Only in emergency situations (e.g. allergic reaction, exacerbation of asthma, onset of bell's palsy) should treatment begin without TUE approval.

To submit a TUE application, please complete the relevant TUE application form available on the UKAD website (<https://www.ukad.org.uk/medications-and-substances/about-TUE/>) and include the following supportive medical evidence:

- Initial diagnosis letters
- Results of diagnostic tests and investigations used to determine the diagnosis
- Most recent specialist review letters
- A statement from the specialist stating that no reasonable permitted alternative medications exist. If permitted alternatives are available, then the specialist will need to provide clinical justification for the use of the prohibited

**Please note that if you are competing in above events and you do not obtain a TUE for a prohibited medication or method before being subject to a doping control test, you are at risk of incurring an anti-doping rule violation.**

### **I don't compete in an event described above, when do I submit a TUE application?**

Individuals competing at events outside of those described above are not required to obtain a TUE in advance of an event and instead are only required to obtain a retroactive TUE with UK Anti-Doping if they are subject to a doping control test.

If selected for Doping Control, they should;

- i. declare the prohibited substance on the Doping Control Form;
- ii. notify UK Anti-Doping that they wish to apply for a retroactive TUE no later than five working days following the drug test, and then;
- iii. submit a completed TUE application form with the medical evidence described above.

### **Summary**

If you have any questions about whether you are required to obtain a TUE or the medical evidence required to support a TUE application. Please contact Samuel Pool (Medical Programmes Officer) at UKAD on [tue@ukad.org.uk](mailto:tue@ukad.org.uk) or call 0203 161 5014.

### **Report Doping**

**Everyone in motorsport has a right to compete in a safe and fair environment with an emphasis on safety in motor sport. You should Report Doping in Sport on 08000 32 23 32. Information can also be provided by completing an [online reporting form](#). This includes illicit drugs. If you wish to discuss any information confidentially please contact the Motorsport UK Compliance Officer on:**

**E: [Safeguarding@motorsportuk.org](mailto:Safeguarding@motorsportuk.org)**

**T: +44 (0) 1753 765071**

**M: +44 (0) 7519 801674**