

## Motorsport UK Guidance on Recommended Personal Protective Equipment (PPE)

The following guidance is based on that provided by Public Health England, Public Health Wales, Health Protection Scotland, Academy of Medical Royal Colleges, Public Health Agency and NHS (May 2020).

**This advice may change from time to time as government guidelines are amended and users should check back on the Motorsport UK website to ensure that they are adhering to the latest version.**

### The following guidance applies to **EVERYONE**:

- Should follow basic hygiene requirements for hand washing with soap and water or use of hand gel with a minimum alcohol content of 60%. Hand gel should be carried by everyone
- Maintain social distancing wherever possible
- Use appropriate PPE where indicated

### The following guidance applies to **MARSHALS**:

- Should always maintain social distancing
- Where this is not possible, a face mask must be worn
- If at any time protective heavy-duty gloves or overalls are considered to be contaminated, they should be placed and sealed in a plastic bag and washed according to manufacturers instructions

### The following guidance applies to **MEDICAL AND RESCUE PERSONNEL**:

- Level 2 PPE (gloves, apron, surgical mask and eye protection) should be worn for all incidents and patient contacts at present (May 2020)
- Level 3 PPE (gloves, coverall/gown, FFP3 respirator and eye protection) must be worn in all circumstances where aerosol generating procedures (AGPs) may take place

### EVERYONE MUST BE MADE AWARE COMMUNICATING WHEN WEARING A FACE MASK IS MORE DIFFICULT

Setting	Context	Disposable Gloves	Disposable Plastic Apron	Disposable fluid-repellent coverall/gown *	Surgical mask	Fluid-resistant (Type IIR) surgical mask	Suitable FFP3 mask/respirator	Eye/face protection
Medical and Rescue personnel – either trackside or in a Medical Centre (includes Extrication Teams)	Performing an aerosol generating procedure e.g. intubation, suctioning	✓	✗	✓	✗	✗	✓	✓
	Direct patient care (within 2 metres)	✓	✓	✗	✗	✓	✗	✓
	Driver conveying patient in ambulance with a bulkhead, no anticipated direct care	✗	✗	✗	✗	✗	✗	✗
	Driver conveying patient in ambulance without a bulkhead, no direct patient care and within 2 metres	✗	✗	✗	✗	✓	✗	✗
Marshals and Recovery personnel.	Working in an area and unable to maintain 2 metres social distance	✗	✗	✗	✓	optional	✗	✗
Officials.	Working in an area and able to maintain social distancing	✗	✗	✗	optional	optional	✗	✗
Venue personnel								

\*Subject to risk assessment

## **CPR**

There is some disagreement between Public Health, the Resuscitation Council and others, about chest compressions being an aerosol generating procedure. Motorsport UK supports level 3 PPE being worn, but respects the decision of others to commence chest compressions wearing level 2 PPE.

## **Social Distancing**

There will be times when social distancing cannot be maintained (e.g. at or en-route to incidents). Volunteers must be aware of this and take appropriate precautions they feel are acceptable.

## **Face Masks**

Personnel may choose to wear a face mask or other facial covering as they see fit. If they are worn for extended periods, they should be changed when they become moist or in accordance with the manufacturer's instructions. Certain masks may be worn for extended periods.

## **FFP3 Respirators**

Filtering face piece respirators should whenever possible be "fit tested" in advance. They must always be "fit checked" immediately prior to use. If an effective seal cannot be achieved, they must not be worn and the individual must withdraw.