

COVID-19 GUIDANCE

Trackside Rescue and Medical Personnel

Removing Personal Protective Equipment (PPE)

Level 2: For all incidents and patient contacts (May 2020)

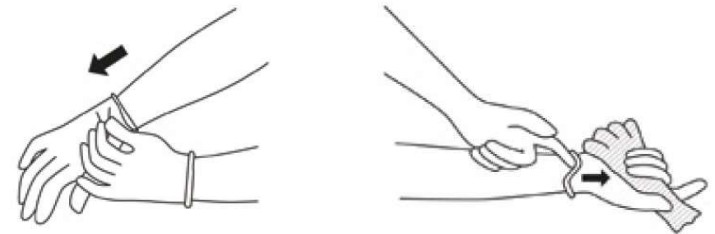
This should be done outside and not in a rescue vehicle or ambulance.

PPE must be removed in an order that minimises the potential for cross contamination. It must be removed carefully in a systematic way, away from other persons, in the following order: gloves, apron, eye protection, mask.

All PPE must then be disposed of according to local protocols as clinical waste.

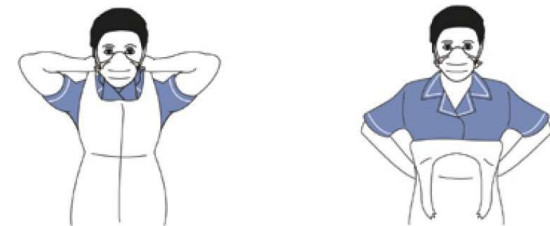
STEP 1 > REMOVE GLOVES

- Grasp the outside of the outside of the outside of the glove with the opposite hand, then peel off
- Hold the removed glove in gloved hand
- Slide the fingers of the ungloved hand under the remaining glove at the wrist
- Peel the remaining glove off over the first glove and discard
- **Clean hands with alcohol hand gel or rub**



STEP 2 > REMOVE APRON

- Unfasten or break apron ties at the neck and let the apron fold down on itself
- Break ties at waist and fold apron in on itself – do not touch the outside – this may be contaminated
- Discard the apron
- **Clean hands with alcohol hand gel or rub**



COVID-19 GUIDANCE

Trackside Rescue and Medical Personnel

Removing Personal Protective Equipment (PPE)

Level 2: For all incidents and patient contacts (May 2020)

STEP 3 > REMOVE EYE PROTECTION

- Do not touch the outside of the eye protection as it may be contaminated
- To remove, use both hands to handle the restraining straps by pulling away from behind, and discard
- Clean hands with alcohol hand gel or rub



STEP 4 > REMOVE MASK

You must only remove your mask in a safe area, away from other persons.

Clean hands with alcohol hand gel or rub.

Do not touch the front of the mask as it may be contaminated.

- Lean forward slightly
- Untie or break bottom ties, followed by top ties or elastic
- Remove mask by handling the ties only
- Let the mask fall away from your face and place in bin
- **DO NOT reuse once removed**



STEP 5 > WASH YOUR HANDS

Thoroughly clean your hands with soap and water or alcohol gel or rub

COVID-19 GUIDANCE

Trackside Rescue and Medical Personnel

Removing Personal Protective Equipment (PPE)

Level 2: For all incidents and patient contacts (May 2020)

STEP 6 > DISPOSAL OF PPE

- It is essential that used personal protective equipment is stored securely within disposable rubbish bags
- These bags should be placed into another bag, tied securely, and kept separate from other waste
- This should be put aside for at least 72 hours
- If you've been involved in a medical incident, all used PPE must be disposed of as category B clinical waste and any reusable items (for example eye protection or powered respirator hoods) must be decontaminated according to manufacturer instructions