





# COVID-19 GUIDANCE

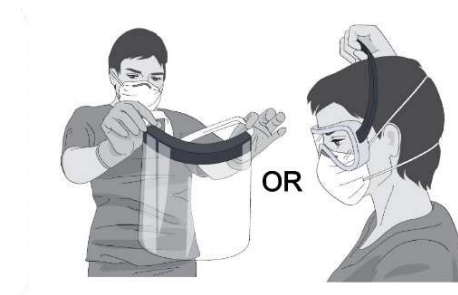
## Trackside Rescue and Medical Personnel

### Removing Personal Protective Equipment (PPE)

Level 3: Where aerosol generating procedures (AGPs) may take place

#### STEP 3 > REMOVE EYE PROTECTION

- Do not touch the outside of the eye protection as it may be contaminated
- To remove, use both hands to handle the restraining straps by pulling away from behind, and discard
- Clean hands with alcohol hand gel or rub



#### STEP 4 > REMOVE RESPIRATOR

You must only remove your respirator in a safe area, away from other persons.

Do not touch the front of the respirator as it may be contaminated.

- Lean forward slightly
- Reach to the back of the head with both hands to find the bottom restraining strap and bring it up to the top strap
- Lift both straps over the top of the head
- Let the respirator fall away from your face and place in bin



#### STEP 5 > WASH YOUR HANDS

Thoroughly clean your hands with soap and water or alcohol gel or rub.

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#### STEP 6 > DISPOSAL OF PPE

- It is essential that used personal protective equipment is stored securely within disposable rubbish bags
- These bags should be placed into another bag, tied securely, and kept separate from other waste
- This should be put aside for at least 72 hours
- If you've been involved in a medical incident, all used PPE must be disposed of as category B clinical waste and any reusable items (for example eye protection or powered respirator hoods) must be decontaminated according to manufacturer instructions