

## Motorsport UK Coaching *Accelerator Award*

This online award is designed to support you to get more people involved and enjoying motorsport activities either at a club, event or generally within the motorsport community.

The course will develop your skills and improve understanding to help you to facilitate fun and inclusive motorsport events and environments.

### **Who is the Accelerator Award for?**

The Accelerator Award is suitable for:

- Anyone who wants to provide a sound, modern approach to guide new participants in the sport
- Clubs who wish to upskill their members or committee in how best to encourage new members to participate in motor sport activities and events
- Current competitors who find themselves being asked how to start in the sport
- Students looking to further their skills
- Championships and teams looking to develop their motorsport offer to a broader range of people
- The Accelerator role can enhance what a club already offers to recruit new recreational members through providing a lower cost Award course to upskill workforce and offer a structure for clubs, championships, teams and other support personnel operating in the sport
- The Accelerator may or may not have a coaching background but the role is to engage participants and facilitate activity rather than to 'coach'.

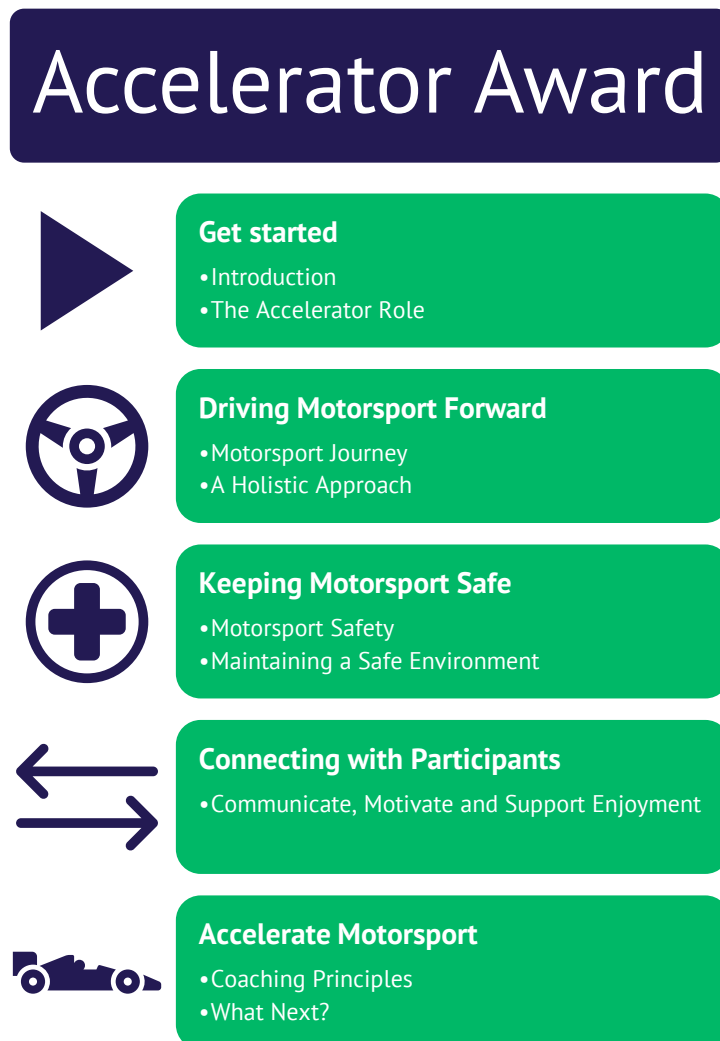
The Accelerator role offers a taster into what facilitating motorsport activity may involve. Successful Accelerators may choose, as part of their own development, to step on to the coaching pathway and to undertake the Certificate in Coaching Motorsport qualification (1<sup>st</sup>4sport, Level 2).



## What will the Accelerator Award Course Cover?

The Accelerator Award course sets out how to support positive experiences in motorsport. It provides guidelines on how to develop participants' confidence and ability in a motivational and engaging way.

This is structured against the following themes:



By the end of the Award, Accelerators will:

- Understand the role that coaching can play in talent development
- Understand the sporting options and pathways offered through Motorsport UK
- Be aware of the Rules of Conduct and Sporting Regulations, their purpose and high-level content
- Be aware of the disciplines of motorsport and the skills needed to perform in each

# ACCELERATOR



- Be able to recognise and explain the basic terminology associated with car control in a performance context
- Understand the physical demands associated with basic competition
- Be able to advise on the principles of how to meet those demands
- Understand the risks involved and identify actions, facilities and equipment that mitigate the risks
- Be able to advise on equipment needed by each discipline (car and kit)
- Be able to confidently support fun, safe, and inclusive participation
- Be able to support and encourage participation and learning through effective and motivating communication methods
- Be aware of the fundamental characteristics of developing performance

## Accelerator Award – How to complete

The Accelerator Award is approximately 3-4 hours long and takes place entirely online in a series of ten interactive sessions which you complete at a time convenient to you. Each short training session includes questions and quizzes to both build your knowledge and check your understanding. Each session is reached through the Motorsport UK Coaching Hub which includes useful added learning resources designed to enable and assist in your further development in motorsport.

The course costs **£34.99** per person and each learner will receive an Accelerator digital badge, certificate of completion and use of the Accelerator logo. You'll also have access to CPD opportunities and the online coaching community via the Coaching Hub.

## Pre-requisites to attend the Award

- You need to be a minimum of 17 years of age
- Be passionate about increasing the number of people participating in motorsport
- Knowledge of motorsport is desirable

## How to book on an Accelerator Award Course

Please visit <https://www.motorsportuk.org/get-started/coaching/> and register your interest for this award. Once the course is available, you will be contacted with further details!